

being energy: Love Liberates

A WORKSHOP AND TRAINING
ON HEALTH, TRANSFORMATION AND GROWTH

SPRING EQUINOX & NEW MOON,
MARCH 23-25, 2012

TEOTIHUACAN, MEXICO

ABOUT THE VENUE

In the magical valley of Teotihuacan is the Meztli Calli Inn. Built in accordance to the live Mexican tradition and aligned with the Pyramid of the Moon at the archaeological site of Teotihuacan, "Casa de la Luna" ("House of the Moon") offers an atmosphere that rescues Teotihuacán forms, its dancer's traditions as well as their overall cosmogony, and generously shares it. This site, lovingly made by their owners, offers lodging, spa, food and a venue where we will meet for our event.

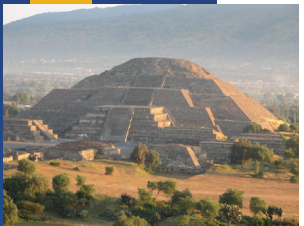
ABOUT TEOTIHUACAN

Teotihuacan, has been translated from Nahuatl with different interpretations, such as "the City of the Gods" or "place where gods are made," although the most appropriate being: "the place where one becomes divine." It is where the spiritual and material knowledge of the Mesoamerican people generated a high expression of architecture, urban planning and art in the Americas. The capital cities of Anahuac were known as "Tollan" (Tula in Castilian) and its inhabitants as Toltecs. The Popol Vuh mentions Zuiwa Tollan, which means "city of the abyss"; the abyss referring to the other side of the world, the second attention. Teotihuacan was the visible representation of the second attention.

Teotihuacan was, in its moment, the largest and most populous political and religious center of America. It was, without a doubt, a splendid and refined city and its inhabitants made milestones in all sorts of arts and sciences.

Nobody knows Teotihuacan's origin. Not even the best archaeologists know how her story began. The only certainty is that the heart of the Valley of Mexico has a string of monumental constructions, where two enigmatic and high pyramids stand out, dedicated to the worship of the Sun and the Moon. Their original name was Tollan.

Teotihuacan's writing was based on phonetic and ideographic glyphs, which have not yet been able to discover a reliable or adequate translation; much remains to be investigated. The numerical writing inherited from the Olmec was based on dots and dashes.



As a crowning example of the high degree of civilization reached by that culture today remain some of the most impressive pre-Hispanic buildings in the world, like the Pyramid of the Sun (the second largest in Mexico), the Pyramid of the Moon and the Temple of Quetzalcoatl among others, all clustered around a long avenue of more than 2 kilometers that has come to be known as “The Street of the Dead” because of the large number of small pyramids along its path, which made the first archaeologists of the area believe that they were tombs. In more recent interpretations, this avenue is believed to be a representation of the Milky Way.

There is a large number of palaces like the one for Quetzalpapalotl and several, well preserved murals that recount in a very refined and beautiful way the view the world of this culture.

Teotihuacan did not disappear mysteriously. It was carefully dismantled, its buildings sealed and then abandoned around the year 530. Then, it was re-occupied by immigrants for another two centuries until a great fire marked its final end.

The intent of the ancient seers who lived in what is now called Mexico, ensure that Teotihuacan still remains a center of power today, to which visitors flock every year, tourists and groups that come to make their celebrations more or less along the old traditions. The power of Teotihuacan is still strong.

ABOUT THE VERNAL EQUINOX AND THE NEW MOON

The equinox is the time of year when the days have an equal duration to that of the nights at all places on Earth, except at the poles. The word equinox comes from Latin *aequinoctium* and means “equal night.” For the seers of ancient Mexico, the spring equinox denoted not only the season change but also a change of consciousness in the individual.

Spring is the season when it begins to manifest, as the flower of a plant, what we are dreaming for that calendar year. It’s time to take action, show and share what we are creating. At the same time, it is the time when the sun is young, full of energy and vitality. It’s time to explore, experiment, play and see ourselves, to then see the ones who are with us, around us, with new eyes and wonder.

The new moon is equivalent to the spring of solar cycle, within its own lunar cycle. The moon brings a smooth and steady energy of growth in those moments, calling us to express our dreams and share ourselves with others, for the manifestation of a shared reality.

All in all, this date suggests new actions, with a light mood, optimistic and confident. It also invites us to play, to exploration and shared discovery, to manifest a new being and circumstance qualitatively different from the old one.

