

BEING ENERGY WORKSHOP AND TRAINING

MAY 26-30 2012

ACCOMMODATIONS AT EL CAPITAN CANYON, CALIFORNIA

All room and board registrations, except camping, are processed through Being Energy at www.beingenergy.com. We need to receive your deposit before March 1st in order to reserve your space. There are no other hotels or accommodations in this area.

To reserve your room and food option please contact us at info@beingenergy.com or call Cecile at 917-524-9631.

*Prices are per night

**We will get a 10% discount for Sunday, Monday and Tuesday nights in all Cabins and Tents

SLEEP OPTIONS:

Canyon bunk (4-5 adults)

\$225 +tax (Approx. \$57 p/person if 4)

Cedar Cabin with 4 bunk beds (2 sets), plus sleeping loft (space for 1 adult), bathroom and kitchenette with fridge, microwave and sink

Tent Double (2 adults)

\$155 + tax (Approx. \$78 p/person/night)

12x14 ft Canvas safari tent with wooden base. 2 Double Beds, lighting, bedside tables, chairs, small desk, coat hooks. Clean, shared bathhouse a few steps away

Tent Queen (1-2 adults and 1 child)

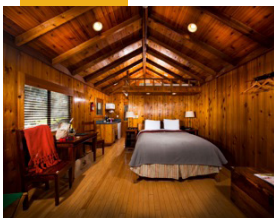
\$155 + tax (Approx. \$78 p/person/night)

12x14 ft Canvas safari tent with wooden base. 1 Queen Bed, lighting, bedside tables, chairs, small desk, coat hooks. Clean shared bathhouse a few steps away

Canyon Queen (2-3 adults and/or children)

\$225 (Approx. \$76 p/person/if 3)

Cedar Cabin located in the canyon. Has 1 Queen bed with sleeping loft. Cabins include luxurious linens and blankets, and a bathroom. Cabin has a small porch.





Creekside Queen (2-3 adults and/or children)

\$255 (Approx. \$86 p/person if 3)

Cedar cabin located near the creek. Has 1 Queen bed with sleeping loft. Cabins include luxurious linens and blankets, bathroom, kitchenette with coffee maker, bar fridge, wet bar and microwave. Cabin has a large porch with 2 chairs. Good for families with 2-3 children.

Creekside King (2-3 adults)

\$295 (Approx. \$98 p/person if 3)

Cedar King Cabin with 1 King bed and a small foldout sofa chair for a child or adult. Cabins include luxurious linens and blankets, bathroom with shower and basin, kitchenette with coffee maker, bar fridge, wet bar and microwave. Cabin has a large porch with 2 chairs that faces the creek.



CAMPING SITE OCEAN MESA:

Please reserve the space for your tent directly with El Capitan Canyon. **Call 866-410-5783**

You can get a tent for 2 or 3 adults and lower the costs. The price includes the use of showers, bathrooms, etc.

\$50 per tent per night

FOOD OPTIONS:

We have organized a catering service for our group for lunches and dinners. The catering service includes fresh salad bar, grains, veggies, fish and chicken and fruits. Clean, fresh and simple food for vegetarians and meat-eaters (sugar and dairy free). If you have any special needs, please let us know.

The options are:

Plan A: 3 meals (Saturday 26 lunch and dinner and Sunday 27 lunch)

\$65

Plan B: 8 meals (all of the above plus Monday and Tuesday lunch and dinner and Wednesday lunch)

\$175

(*The prices include taxes and service fees)

WE SUGGEST YOU GO FOR THE PLAN B MEALS, SINCE THE DRIVE IS 15 MINUTES FROM ANY OTHER RESTAURANTS

OR

THE CAMP ALSO HAS ITS OWN MARKET DELI AND RESTAURANT:

You can get breakfast, soups and salads and hot sandwiches. Take a look at their menu (<http://www.menuclub.com/californiarestaurantguide/santabarbararestaurants/elcapitan-canyon-21880.php>)

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